



# Dr. M.V. Shetty College of Social Work

Vidyanagar, Mangaluru - 575 013, Karnataka, India.

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## Pravarthana

Half Yearly Bulletin

N-14

Vol. No. 13

June - Dec. 2015

### VISION

To ensure excellence in social work education, training, research and to emerge as an unique centre for service to the society

### MISSION

- To foster an atmosphere of intellectual discipline that facilitates that teaching and learning process contributing towards improving the skills and knowledge base of the profession
- To provide an environment for the holistic development of students through academic, co-curricular and outreach programmes .
- To prepare competent social work professionals who can meet the demands of the multicultural diverse population and support individuals capacity to address their own needs

### EXAMINATION

#### RESULTS

The students' performance in their university examination was very admirable.

- The IV semester students secured 100 percent result. We had distinctions 9 and 17 First classes
- The II semester students secured 100 percent result. We had 14 Distinction, 23 first classes



#### TOPPERS



Ms. Shrikala  
II Semester



Ms. Penpa Doima  
III Semester



Mr. Ravichetan  
III Semester

### CO-CURRICULAR ACTIVITIES

#### GUEST LECTURES :

Guest lecture on " Personality – Types and Assessment" by Ms. Swetha, Psychologist, A. J. Shetty Medical College and Research Center

#### STUDENT DEVELOPMENT PROGRAMME :

The college conducted need –based student development program to equip our students with skill that would make the ready for the competitive world .

- Emergency procedures and first aid
- Personality Grooming
- Legal Aid
- Physical Fitness

- Professional etiquettes
- Knowing Thyself
- Competitive exam preparation
- Time Management
- Interpersonal Relationship
- Risk Behaviors in youth



- Interview skills
- Group Discussions

### FRESHER'S DAY ...UMAAG-15



The new batch of students were welcomed by the seniors with great pomp and joy on 2nd of September. Variety of games and programs were organized for the juniors.

### STUDENT COUNCIL INAUGURATION

The student council was inaugurated on 10th September, 2015. Mr. Kiran Kumar was elected as the President, Ms. Roopa Agar was elected as the

Secretary, Mr. Nerswan and Mr. Bharat as the treasurer. The election of new office bearers and handing over of the responsibilities of the specialization forum 'Diya', 'Shreya' and 'Prakriya' was also done during the occasion.

### TEACHERS' DAY



Teachers' day was celebrated by the students on 5th September, 2015. The students expressed their gratitude to the teachers and the day was celebrated by cutting the cake and fun games were arranged for the teachers.

### ORIENTATION VISIT

A three days orientation visit was arranged for the First year MSW students to acquaint the students with the working of various specialized areas of Social Work. They visited the following places

1. Canara Springs, Maroli : visited on 20th August, 2015
2. Sahnidya, Shaktinagar on 21st August, 2015
3. Dharma Jyothi Social Welfare Center, Vamanjoor: on 22th August, 2015

These visits helped the students to get an understanding of the role of social worker in various social work settings.

## EXTENSION SERVICES

### WORLD ORGAN DONATION DAY COMMEMORATION

In commemoration of "World Organ Donation" day the students of MPSW prepared posters relating to the importance of Organ donation which was displayed in the college campus

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## SWACCH BHARATH ANDOLAN

In commemoration of Gandhi Jayanthi on 2nd October, 2015, the students and staff took up the task of cleaning the surrounding of Vidyanagar and the college premises.

## WORLD MENTAL HEALTH DAY

World Mental Health Day was observed by organizing a session on Mental Illness- Myths and Misconception for the PG students of Various college under Mangalore university on 10th October, 2015 in the college Seminar Hall.

## ELDERS DAY CELEBRATION

Elders day was observed by our students 1st October, 2015. The students performed a beautiful skit based on Dementia faced by the elderly followed by a session on Problems of Elderly by the II MSW students.

## MENTAL HEALTH AWARENESS PROGRAM AND SKIT



A skit on mental health awareness was conducted on 11th October, 2015 at Bagambila community, Derelakatte, Dakshina Kannada District by the MSW students followed by a session on Mental Health by Mr. Prakash Amin, Asst. Professor and Mr Ankith S.Kumar, Lecturer, Dr. M.V.Shetty College of Social Work and Mr. Rajesh, Counsellor, KSHEMA, Managluru.

## COMMUNITY OUTREACH PROGRAMME



Organized a talk in corporation with Spandana Trust and Dr.M.V.Shetty College of Social Work on the topic 'Mental Illness and Misconceptions' at Bastikatte Yediyemadaya, Mangalore on 15th September, 2015.

## WORLD AIDS DAY



The college organized an AIDS awareness program for para-medical and social work students in commemoration of World AIDS day on 1st December, 2015.

## STUDY TOUR

Study tour was organized to Mysuru from 23rd to 27th November, 2015 for the II Year MSW students. They have visited the following organizations

The students of PM & IR visited

1. Karnataka Silk Industry
2. Sandalwood Industry
3. Railway Workshop
4. Mysuru Dairy
5. Odanadi

The students of MPSW visited

1. Bharath Oncology Hospital
2. Prerana Trust
3. Odanadi

The students of community Development visited the following places in

1. ODP, Mysuru
2. MYKAPS- Mairada
3. Odanadi



## PRACTICAL TRAINING

The students are placed in various organization for their practical training two days in a week.

The IMSW students are placed in different NGOs and the and II MSW Students are placed in Industries, Hospitals and Community settings according to their specialization.

In addition to the above training the students have to undergo summer placement training outside Mangalore for a period of three weeks.

Totally we have 37 agencies where our students are placed for their practical training.

## FACULTY ACHIEVEMENT

**Dr. SUMA S. RAI**, M.S.W., M.Phil, PGDMH, Ph.D

**Principal**

- Has been appointed as member of Academic council, Mangalore University from 01-07-2015.
- Has been appointed as member of Board of studies for M.S.W, St. Aloysius College Mangalore.

**Mr. PRAKASHA AMIN**, M.S.W, NET, (Ph.D.)

**Asst. Professor**

- Nominated Member for the Board of Studies and Board of Examiners in Social Work for BSW course at School of Social Work Roshni Nilaya, Mangalore for the year 2014 to 2015.
- Nominated Member for Board of Examiners in Social Work for BSW course at St. Aloysius College, Mangalore for the year 2014 to 2015.
- Resource person for the community awareness programme 'Myths and Misconception of Mental Illness', at Bagambila, Mangalore on 11th October 2015.
- Mr. Prakasha Amin published a research Paper titled Knowledge of traditional towards mental illness in "Deeksha" National level of Journal published by St. Aloysius College, Institute of Social Work, Mangalore.
- Mr. Prakasha Amin was invited as resource person for a session on "Street Play & Theater" organized by Leelavathi Shetty College of Education, Mangalore

**Mrs. SUSHMA SOANS**, M.S.W. M.Phil, PGDPM

**Asst. Professor**

- Resource person for a session on "Etiquette" for the Degree students of SDM College on 10th June 2015.
- Has been appointed as member of Board of studies for M.S.W, St. Aloysius College Mangalore.

**Mr. ANKITH S. KUMAR**, MSW, NET, DCA

**Lecturer**

- Invited as the Resource Person for a session on "Role of Parents in motivating Children for Higher Education" during the PTA meeting organized by Ganapathy P.U. College Mangalore on 13th September 2015.
- Resource person for a session on "Mental illness- Myths & Misconception" organized in commemoration of World "Mental Health Day" at Bagambila, Mangaluru on 11th October 2015.
- Invited as a resource person for a session on "Teachers Role in Identification and working with Children with Psychological Problems" organized by District Teachers Training Center for the Government School teachers.
- Invited-as a resource person for a session on Life Skills organized by Milagres College for Undergraduate Students on September 12th, 2015.
- Resource person for a session on " Sex Education" organized by Govt. High School, Mudshedde, Mangalore on 9th December, 2015.
- Resource person for a session on " Exam Preparation" organized by NSS Unit of Dr.M.V.Shetty College of Nursing for the high school students at Govt. High School, Chitrapur, Surathkal on 9th December, 2015
- Invited as a resource person for session on " Influence of Media on Children " organized by NSS Unit of Dr.M.V.Shetty College of Medical Laboratory Technology on 10th December, 2015

**Mrs. PREETHI S**, M.S.W., , PGDHRM

**Asst. Professor**

- Resource Person for session on Exam Management at St.Mary English Medium School, Kaliyoor, Manjeshwar, Kasargod on 24th October 2015.



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### Vision:-

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- To prepare competent social work professionals who can meet the demands of the multicultural diverse population and support individuals capacity to address their own needs.

### NATIONAL SEMINAR:



Dr.M.V.Shetty College of Social work, Vidyanagar, Mangaluru organized "Prayukthi 2015", a National Seminar on "Understanding the Elderly & Upholding their Dignity" on 6th March 2015.

The programme was inaugurated by Ms.Hepsibha Rani Korlapati, IAS, Commissioner, Mangaluru City Corporation, Mangaluru. Dr. M. Ramgopal Shetty, Founder Secretary, Dr.M.V.Shetty Memorial Trust, Mangaluru presided over the programme, Prof.B.Govinda Naik, Administrative Officer Academic, Dr.M.V.Shetty Memorial Trust Colleges, Mangaluru was the Guest of Honour.

There were three scientific sessions based on the theme of the Seminar by experts. 21 Papers were presented at the seminar by Research Scholars, Professionals, Academicians and students. Student Delegates and Professionals from various colleges of different states of the country attended the seminar.

### STUDENT DEVELOPMENT PROGRAMME :

In order to enhance the personality and professional skills of the students, Student Development Programs were conducted every week on the following aspects.

- Attitude and behavior modification & management
- Personal grooming
- Enhancing interview facing skills.
- Understanding self and building positive self esteem
- Letter writing and official correspondence
- Professionalism and work place-etiquettes
- JPMR Therapy
- Competitive exam preparation
- Positive living

- Attitude and behavior modification & management
- Personal grooming
- Enhancing interview facing skills.



### ALUMNI MEET 2015

The college organized Annual Alumni Meet on 8th March 2015, 62 alumni attended the meet. Mr. Prakash Amin, Asst. Professor, Dr. M.V.Shetty College of Social Work was elected as the President



Mr. Sajoodin, Community Health Officer, District Wenlock Hospital was selected as the Secretary and Mr. Laveen, Medical Social Worker, KMC, Mangalore as the Treasurer

### FAREWELL PROGRAM



A farewell program was organized by the juniors for the 16th outgoing students of MSW on 2nd of May 2015. The seniors were given a wonderful program which included games and other entertaining activities.

### PRACTICAL TRAINING:

The students are placed in various organizations for their practical training two days in a week.

The IMSW students are placed in different NGOs and the II MSW Students are placed in Industries, Hospitals and Community settings according to their specialization.

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Totally we have 37 agencies where our students are placed for their practical training.

### INTER - COLLEGIATE CULTURAL COMPETITION:

Inter collegiate cultural

Group of Colleges was held on 21-01-15 and 22-01-15. The following students won prizes in various competitions.

- Jowngcher Daimari and group won III place in Eastern Singing
- Poornima and group won III place in Tableau.
- Jithin Abrahm and group won II place in Mime.
- Ms. Annapowmami and group won II place in Eastern Dance.
- Jithin Abrahm won III place in Pick and Act.

### SPORTS DAY

The Sports Day of Dr. M.V. Shetty Group of Colleges was held on 17th January 2015. The following students won prizes in different categories.

- Ms. Deepa won I place in Discuss Throw.
- Ms. Deepa won II place in Shortput.
- Ms. Chandrakanthi won I place in 1500 mts. race and 800 mts. Race.



- Ms. Krithi won III place in 1500 mts. race and II place in 800 mts. Race.
- Ms. Soumya won II place in 400 mts. Race and III place in 200 mts. Race
- Ms. Chandrakanthi and group won II place in 4 x 100 mts. Relay.

### SEMINARS ATTENDED BY STUDENTS

- 1st year MSW students attended a seminar on Qualitative Research – Defining and Designing for Reflective practice organized by Dr. M. V. Shetty College of Nursing on 28th January 2015
- Mr. Kiran, Ms. Vijayalaxmi, Ms. Mandara and Ms. Mamatha attended "Sambhrama" organized by SDM College, Ujire on 5th and 6th Feb. 2015
- Mr. Ramesh, Mr. Nagaraj, Mr. Mahesh, Mr. Ravichethan and Ms. Varsha attended the National Level Student Social Workers Symposium on "Sustainability for Holistic Wellbeing" organized by School of Social Work, Roshni Nilaya, Mangaluru on 12th and 13th February 2015
- Mr. Jithin Abraham, Mr. Joice Sebastian and Mr. Rojamon attended National Conference on Social Work Perspectives on the Challenges and Problems of Youth organized by Don Bosco College, Kerala on 12th and 13th of February, 2015
- MPSW students attended two days workshop on Counseling in Practise organized by JSS College, Mysuru on 13th and 14th February, 2015
- Mr. Ezekiel, Mr. Santanu, Mr. Rijut and Mr. Ansu Daimari attended a seminar on Life Skills and Youth Empowerment organized by Crossland Brahmavara, Udupi on 24th and

## FACULTY

### ACHIEVEMENTS

#### Dr. Suma. S. Rai

M.S.W., M.Phil, PGDMH, Ph.D

Principal

- Has been appointed as member of Board of studies for M.S.W, St. Aloysius College Mangalore.

#### Mr. Prakash Amin

M.S.W, NET, (Ph.D.)

Asst. Professor

- Nominated Member for the Board of Studies and Board of Examiners in Social Work for BSW course at School of Social Work Roshni Nilaya, Mangalore for the year 2014 to 2015.
- Nominated Member for Board of Examiners in Social Work for BSW course at St. Aloysius College, Mangalore for the year 2014 to 2015.
- Presented a paper on "Women and Mental Health – A Knowledge Assessment Study" during the national conference on Gender Issues in Campus Society organized by Canara College Mangaluru on 23rd and 24th March 2015.
- Published a research Paper titled Knowledge of traditional towards mental illness in "Deeksha" National level of Journal published by St. Aloysius College, Institute of Social Work, Mangalore.
- Invited as resource person for a session on "Street Play & ..."

Leelavathi Shetty College of Education, Mangalore.

- Presented a paper on 'Women and Mental Health- A Knowledge Assessment Study' during CANCON 2015 a National level conference on 'Gender Issues on Campus and in Society' organized by Centre for Women and Gender Govt. First Grade College MuStudies, Canara College, Mangaluru 23rd and 24th January 2015.
- Resource Person for a session on "Problems of Adolescents" organized by NSS Unit, dipu on March 18th 2015.
- Published a research paper titled 'Women and Mental Health- A Knowledge Assessment Study' in the CANCON - 2015 conference proceeding with ISBN : 978-81-927561-3-4

#### Mrs. Sushma Soans

M.S.W. M.Phil, PGDPM

Asst. Professor

- Nominated member of Board of Examiners in Social Work for MSW course at St. Agnes College, Mangalore for the year 2015 – 2016.
- Resource person for a session on Child abuse at Mallikatte Govt. Higher Primary School on 23rd February 2015
- Co-ordinator for the National level seminar on "Understanding the Elderly ..."

organized by the college of 6th March 2015.

#### Mr. Ankith. S Kumar

M.S.W, NET

Lecturer

- Mr. Ankith S. Kumar, presented a research paper on 'Problems of Widowhood –A Case Study' during CANCON 2015 a National level conference on ' Gender Issues on Campus and in Society' organized by Centre for Women and Gender Studies, Canara College, Mangaluru 23rd and 24th January, 2015.
- Mr. Ankith S. Kumar published a research paper titled 'Problems of Widowhood –A Case Study' in the CACON- 2015 conference proceeding with ISBN :978-81-927561-3-4

### CAMPUS RECRUITMENT :

In the year 2015, 78 % of the students passed out have been selected by various reputed organizations as per their Specialization.

The following organizations chose our institute for recruitment

- Cadabams Rehabilitation Centre, Bangalore
- Behavioural Momentum, Bangalore
- Jeeva nidhi Trust
- Spar Hypermarket, Mangalore
- Indiana Hospital, Mangalore
- Team Jagan, Bangalore

